

GOSPEL PEARLS

The reward of Jesus' disciples

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At that time Jesus went through the wheat-fields on the Sabbath. His disciples were hungry, and they began to pluck heads of grain and to eat. But when the Pharisees saw them, they said to him, "Look, your disciples are doing what is not lawful to do on the Sabbath." He said to them, "Have you not read what David did when he was hungry, and those who were with him: how he entered the house of God and ate the bread of the Presence, which it was not lawful for him to eat nor for those who were with him, but only for the priests? Or have you

not read in the Law how on the Sabbath the priests in the temple profane the Sabbath and are guiltless? I tell you, something greater than the temple is here. And if you had known what this means, 'I desire mercy, and not sacrifice,' you would not have condemned the guiltless. For the Son of Man is lord of the Sabbath." (Matthew 12: 1-8)

The disciples' reward is their closeness to Jesus while obeying His will and not their own. The rules, which the Church constantly reminds us of, such as fasting every Friday (not just on Fridays during Lent) must be carried out precisely to bring us closer to Jesus. If, on the other hand, we do them merely to feel good about ourselves, then we will seem to have been "good", but in reality we have only fed our pride, obtaining the opposite effect to the one desired: an increase in humility.