

**GOSPEL PEARLS** 

## Take up your cross

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One day when Jesus was praying alone in the presence of his disciples he put this question to them, 'Who do the crowds say I am?' And they answered, 'John the Baptist; others Elijah; and others say one of the ancient prophets come back to life.' 'But you,' he said 'who do you say I am?' It was Peter who spoke up. 'The Christ of God' he said. But he gave them strict orders not to tell anyone anything about this. 'The Son of Man' he said 'is destined to suffer grievously, to be rejected by the elders and chief priests and scribes and to be put to death, and to be raised up on the third day.' Then to all he said: 'If anyone wants to be a follower of mine, let him renounce himself and take up his cross every day and follow me. For anyone who wants to save his life will lose it; but anyone who loses his life for my sake, that man will save it.' (Luke 9:18-24)