

**GOSPEL PEARLS**

## **My yoke is easy**

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Jesus said to the crowds:

“Come to me, all you who labor and are burdened,  
and I will give you rest.

Take my yoke upon you and learn from me,  
for I am meek and humble of heart;  
and you will find rest for yourselves.

For my yoke is easy, and my burden light.”

(Mt 11:28-30)