

**GOSPEL PEARLS** 

## **Abandon yourself to the Heart of Jesus**

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Jesus said:

"Come to me, all you who labor and are burdened, and I will give you rest.

Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves.

For my yoke is easy, and my burden light."

(Mt 11:28-30)