

## GOSPEL PEARLS

# A real and effective communion

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*Jesus said to the crowd: 'I am the bread of life. He who comes to me will never be hungry; he who believes in me will never thirst. But, as I have told you, you can see me and still you do not believe. All that the Father gives me will come to me, and whoever comes to me I shall not turn him away; because I have come from heaven, not to do my own will, but to do the will of the one who sent me. Now the will of him who sent me is that I should lose nothing of all that he has given to me, and that I should raise it up on the last day. Yes, it is my Father's will that whoever sees the Son and believes in him shall have eternal life, and that I shall raise him up on the last day.'* (John 6, 35-40)

Whoever sees the Son of God, recognises Him and welcomes Him by faith has eternal life and therefore will be awarded with resurrection on the last day. In fact, faith is a real and effective communion with Christ. Do you see Jesus as a source that quenches thirst and from which to draw continuously, or do you turn to Him only when you find time or feel like it?